

One-Another Soul Care at Redemption City Church

Counseling and the Church

Whose Job Is Counseling?

Ephesians 4:11-16

¹¹ And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, ¹⁴ so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. ¹⁵ Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

Whose Job Is Counseling?

	Who		
4:11 b c d e	And he gave	the apostles, the prophets, the evangelists, the shepherds and teachers,	Content of 11a
4:12 b	to equip the saints	for the work of ministry, for building up the body of Christ,	Purpose of 11 Purpose of 12a
4:13 b c d	until we all attain	to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ,	Goal of 12 Explanation of 13a-b Explanation of 13c
4:14 b c d e f g	so that	we may no longer be children, tossed to and fro and carried about by the waves by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.	Purpose of 11-13 Negative Explanation of 14b
4:15 b	Rather, ... we are to grow up in every way	into him who is the head, into Christ,	Positive Means of 15a
4:16	speaking the truth in love,	from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.	Explanation of 15a (also 13d)

Why biblical counseling?

- **We are people.**
 - **Creatures**
 - **Sinners**
 - **Sufferers**
 - **Saints**

Why biblical counseling?

- **We need change.**
 - **Counseling is working toward godly change**
 - **Lasting change requires a redeemer (and relationships)**
 - **We need to be rescued from ourselves (what's inside is worse than what's outside)**
 - **Salvation isn't a one-time event**

Why do we do counseling?

- **We are priests**
 - Helping people make sense of the world and self
 - Comforting the sufferer
 - Correcting the sinner
 - 2Timothy 3:16-17
 - Shaping a worldview
 - Drawing us into a relationship with God

Redemption Biblical Counseling



**REDEMPTION
CITY CHURCH**



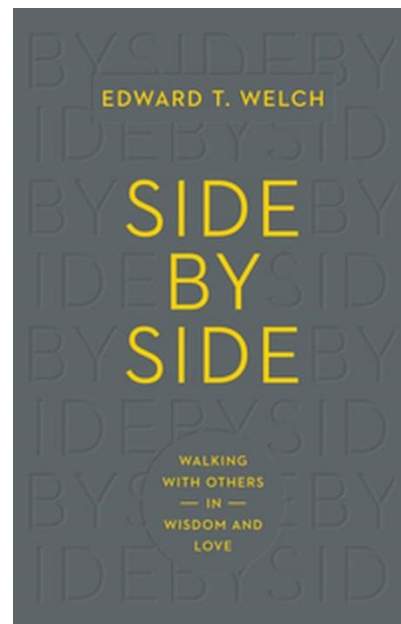
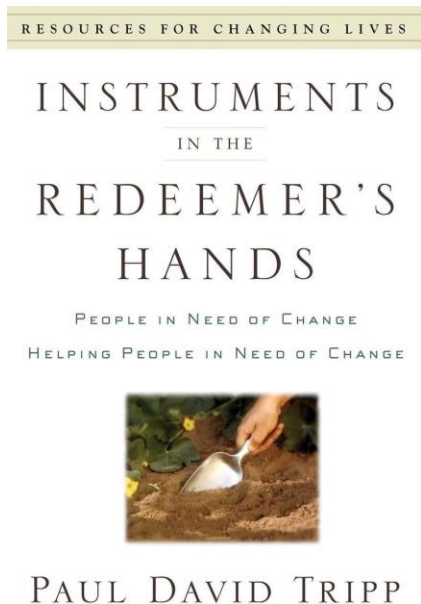
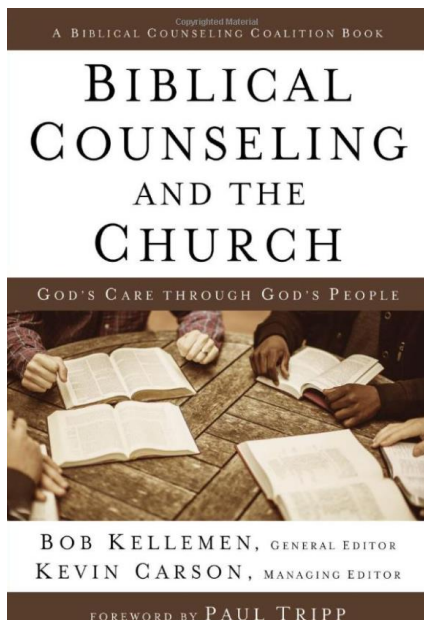
REDEMPTION
BIBLICAL COUNSELING

Redemption Biblical Counseling

- **What is the purpose of RBC?**
 - **Provide you with counseling.**
 - Intensive discipleship for your unique spiritual battles.
 - Spiritual maintenance.
 - A listening ear and a shoulder to cry on.
 - **Train up the body for One-Another Soul Care.**
 - Resources, education, skill development.
 - Classes, books, conferences
 - Parenting, marriage, anxiety, relationships
 - Coming alongside your efforts.

Plan for this Class

■ Books



Plan for this Class

1/8/2023	Week 1	A Church of Biblical Counseling (Chapter 1 of Biblical Counseling and the Church)
1/15/2023	Week 2	Shepherding and the public/private ministry of the word (Chapter 2 and 4 of BCC), Shepherding the flock (1Peter 5:1-4; Ezek 34:1-6)
1/22/2023	Week 3	Soul Care (Chapter 3 of BCC)
1/29/2023	Week 4	We are Needy (Chapters 1-6 of Side by Side)
2/5/2023	Week 5	We are Needed (Chapters 7-14 of SBS)
2/12/2023	Week 6	The Heart is the Target/ Heart Idols (Chapters 4-5 of Instruments in the Redeemer's Hands)
2/19/2023	Week 7	Entering their world (sympathy vs empathy) and identifying with their suffering (Chapters 7-9 of IITRH)
2/26/2023	Week 8	Speaking the Truth in Love (Chapters 11-12 of IIRTH)
3/5/2023	Week 9	The Hard issues and Church Discipline

Questions?
